



**Des Moines  
Rowing Club**

**Adaptive Membership Initiative  
(AMI)**

A presentation by Tonya Logan  
Dec. 2016

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# Rowing For All

In 2014 Des Moines Rowing Club envisioned making rowing on the Des Moines River and Gray's Lake available to military veterans as well as other athletes who have physical challenges. In 2015 we adapted our first boat and found our first two rowers. In 2016 we purchased a single shell that was designed for adaptation and received funding to purchase a double shell, that will be used in 2017 to offer rowing clinics to interested parties.





**This double shell allows two people to row together in a mix of able bodied athletes and athletes with adaptive needs.**

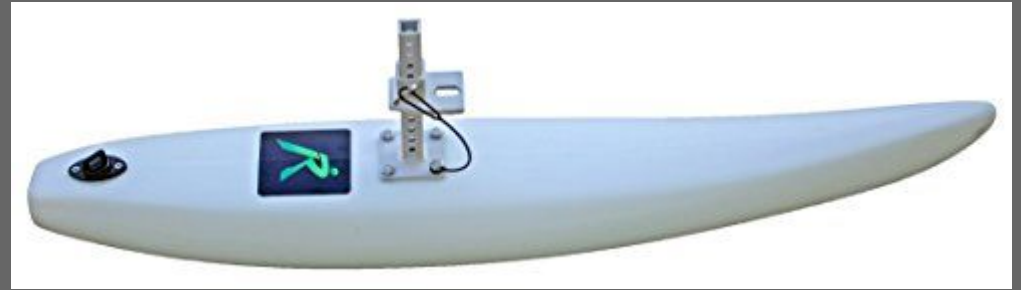
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This Swift shell is like the single our club  
already owns.



Shell - \$6,500  
Fixed seat - \$ 550  
Pontoons - \$ 250  
Blades - \$ 550

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**Two Revolution Rowing  
Pontoons are needed to act  
as training wheels to keep a  
boat stable.  
\$250.**



Fixed seats cost \$550.



→ An Indoor rowing machine is used to strengthen muscles and develop technique when rowers are not able to get into a boat. \$1,100.

# Per USRowing Regulations:



All adaptive rowers must be accompanied by a motorized launch for safety. This jon boat costs \$2,000.

This motor costs \$2,500.





→ A Placid Wakeless Launch, with a price tag of \$9,000, would be an ideal coaching tool, to keep our rowers safe .





**Without our corporate sponsors and individual supporters we would not be able to bring rowing to all. Thank you for your consideration.**